

£12.99 UK • \$24.95 US

Julia Robertson established the Galen Therapy Centre in 2002, specialising in Canine Myotherapy (massage). Running a busy consultancy treating working, performing and companion dogs, she has developed a range of courses from workshops to accredited diplomas in canine massage.

As a passionate advocate of canine myotherapy, working closely with vets and other professionals, Julia has put together a dedicated team of Galen Myotherapists practising throughout the UK. She regularly talks at seminars, and also runs training courses all over the UK.

Julia has previously co-authored a book for veterinary practitioners and students, and is a regular contributor to dog magazines.

Elisabeth Pope shared much of her childhood with horses and dogs. A keen rider since her youth, she was advised to give up due to a recurring back problem. Thereafter, she transferred her knowledge, energy and passion to her dogs, and subsequently the canine world in general.

Her keen interest in canine movement and gait led to her partnership with Julia. They have worked together for ten years, and their combined knowledge has allowed them to develop a successful programme of canine exercise physiology for puppies and dogs of all ages.

Elisabeth has successfully owned, shown and bred Golden Retrievers for 35 years, and is a show judge for the breed, both in the UK and abroad.

- A natural way to exercise your puppy
- Ideas you can incorporate into your daily routine
- Simple and easy to understand instructions
- Suitable for puppies and dogs of all sizes
- Original and effective exercises
- Puppy massage techniques



exercising your puppy

a gentle & natural approach

Robertson & Pope



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a gentle & natural approach



Hubble & Hattie

Julia Robertson & Elisabeth Pope

Gentle Dog Care

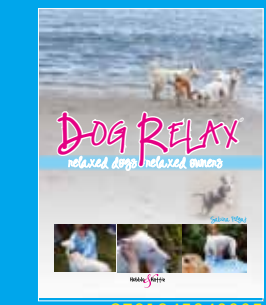
Easy to follow, with clear instructions and helpful photographs, this book provides a detailed outline of how puppies develop physiologically, together with appropriate exercises for them to do at each stage of puppyhood.

There are many reasons why appropriate exercise is important, not least of which is that it's a good foundation for developing spatial awareness and natural balance, which will benefit all dogs throughout their lives.

Different breeds develop at different speeds, and all the exercises contained in this book are 'soft' exercises – meaning that the individual puppy or dog dictates what he or she can do. In the book, suggestions are made for exercise and exercises that can help your puppy mature more naturally, therefore aiding development of a more robust skeleton that will suffer less stress and provide good mobility from puppyhood through to veteran.

From alleviating stress on developing joints using obstacle negotiation, to how and when to massage your puppy, this comprehensive guide has the answers for beginners and experienced dog owners alike.

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